



4-H Member Project Guides

NEEDLEWORK

Crochet





Purpose

To have fun while learning how to use yarn/thread and a hook to create useful, well-made items through the needle art of crochet.

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4-H Needlework—Young Junior Crochet Member Project Guide (Ages 9 to 11)

Here We Go—Row by Row

Welcome to crochet! You are going to learn a skill that will be lots of fun. Crochet projects are easy to take with you from place to place. Once you have learned the basics you will be able to make all sorts of fun things for yourself, your family, and your friends. So pick up your yarn and get hooked!

DO

Learn new skills.

You will learn to:

- Tie a slip knot
- Chain
- Single crochet
- Double crochet
- Slip a stitch
- Attach yarn
- Fasten off
- Count stitches and rows
- Read directions
- Begin to recognize abbreviations used in pattern directions

APPLY

Using the skills above, practice and complete a project.

What you will do:

Practice the skills and techniques—learn by doing

Make one or more of the suggested Practice/Service Projects. Consider giving some of these as gifts to friends or family. Practice Projects include: a chain necklace; a single crochet sample; a double crochet sample; and a headband.

Try a Service Project—learn by sharing

Crochet and assemble blocks to make afghans for the homeless or to distribute at nursing homes, or make baby booties for a hospital. (Block size: 7-by-9 inches to practice controlling your gauge.)

Practice/Service Projects cannot be exhibited in 4-H Needlework at the Kentucky State Fair.

Crochet and exhibit a final project

Create one item or pair of items using 4-ply, light-colored, worsted-weight yarn with single and/or double crochet. Suggestions: scarf, purse, or belt.



Keep a record of what you have crocheted

Ask your parent or leader to help you fill out the 4-H Needlework Record for your project. Be sure to list skills you have attempted as well as those you believe you have mastered. Store the record in a folder or three-ring notebook to review before you begin next year's project.

What you will need:

- H crochet hook
- Light, solid-colored, 4-ply worsted-weight yarn for practice
- Light, solid-colored, 4-ply worsted-weight yarn for project
- Scissors (small, blunt-end preferred)
- T-pins (long pins with blunt points)
- Yarn needle (plastic or metal)

SHARE

Show others what you have learned.

What you can do:

- Participate in your club, county, district, and/or state Demonstration Contest
- Exhibit in your county Fair, Festival, and/or Rally Day and the Kentucky State Fair (4-H Project Card is required)
- Investigate participating in your county Fashion Revue

Clutter Control

Equipment and supplies have a tendency to get lost. Here are some suggestions to help keep everything safe and in good condition:

- Use a 1-gallon bag with a zip top for your crochet project (put your name on it)
- Use a small container to hold your basic small equipment
- Use a cloth or sturdy bag with handles to carry all supplies
- Use a pocket folder or three-ring binder to store handouts and patterns

Source: Doris Reed, County Leader

Marjorie Baker, Extension Associate, Family & Consumer Sciences

Mary Hixson, County Agent for Family & Consumer Sciences



4-H Needlework—Beginner Crochet Member Project Guide

Here We Go, Around and Around

Welcome! Learning crochet basics are necessary—and fun. Once you know the basics, you will be able to make all sorts of neat things for yourself, your family, and your friends. So pick up your yarn and get hooked!

DO

Learn new skills.

You will learn to:

- Select patterns and yarn
- Tie a slip knot
- Make a chain
- Single crochet
- Double crochet
- Half double crochet
- Treble crochet
- Join rounds
- Increase and decrease stitches
- Slip a stitch
- Count rows and stitches
- Attach yarn
- Recognize stitches
- Join seams
- Read directions and learn abbreviations
- Fasten off
- Change colors at the beginning or end of a row
- Recognize the difference between a space and a stitch

APPLY

Use the skills you may have already learned as well as the skills listed above to practice and complete a project.

What you will do:

Practice skills and techniques—learn by doing

Make one or more of the suggested Practice/Service Projects for yourself. Consider giving some of these as gifts to friends or family. Practice Projects include: a chain necklace, a stitch sample, a headband, an ornament, and/or a granny square.

Try a Service Project—learn by sharing

Crochet and assemble blocks to make afghans for the homeless or to distribute at nursing homes. (Crochet 7-by-9-inch blocks to practice controlling your gauge.) Crochet baby booties for a hospital.

Practice/Service Projects cannot be exhibited in 4-H Needlework at the Kentucky State Fair.



Crochet and exhibit a final project

Make one item or a pair of items using one or more of the stitches you learned (single crochet, double crochet, treble crochet, half double crochet). Yarn other than 4-ply worsted-weight, including novelty and sport or bulky weight, may be used. You may use colors in alternating rows. Suggestions: vest, shawl, purse, scarf, lap wrap, small afghan.

Keep a record of what you have crocheted

Take time to fill out the 4-H Needlework Record. Be sure to list skills you have attempted as well as those you believe you have mastered. Store the record in a folder or three-ring notebook to review before you begin next year's project.

What you will need:

- H crochet hook
- 4-ply worsted-weight yarn for practice
- Yarn of choice for project and practice (if other than 4-ply worsted-weight)
- Scissors (blunt-end preferred)
- T pins (long pins with blunt points)
- Yarn needle (plastic or metal)

SHARE

Show others what you have learned.

What you can do:

- Participate in your club, county, district, and/or state Demonstration Contest
- Exhibit in your county Fair, Festival, and/or Rally Day and the Kentucky State Fair (4-H Project Card required)
- Investigate participating in your county and state Fashion Revue if your project is wearable*

* State Fashion Revue participants must be 14 years old by Jan. 1 of the current year.

Clutter Control

Equipment and supplies have a tendency to get lost. Here are some suggestions to help keep everything safe and in good condition:

- Use a 1-gallon bag with a zip top for your crochet project (put your name on it)
- Use a small container to hold your basic small equipment
- Use a cloth or sturdy bag with handles to carry all supplies
- Use a pocket folder or three-ring binder to store handouts and patterns

Source: Marjorie Baker, Extension Associate, Family & Consumer Sciences

Doris B. Reed, County Leader

Mary Hixson, County Agent for Family & Consumer Sciences



4-H Needlework—Intermediate Crochet Member Project Guide

Here We Go, Patterns Galore!

You're hooked! You have learned the basic crochet stitches and techniques, and now you will learn to combine stitches into patterns and to make them larger or smaller. Everyone crochets differently. The tension may be tight or loose, so at this level you will learn to control gauge.

DO

Learn new skills and refine old ones.

You can learn to:

- Create pattern stitches (shell, arch, diamond, bobble, snapdragon, popcorn, cross, puff, cluster, seed/granite)
- Control gauge

APPLY

Practice what you have learned as you complete a project.

What you will do:

Practice the skills and techniques—learn by doing

Make one or more of the suggested Practice/Service Projects. These projects make great gifts for friends and family. Practice Projects include samples of pattern stitches from the Crochet Patterns section in the 4-H Needlework Notebook. You can also use patterns of your choice.

Try a Service Project—learn by sharing

Crochet and assemble blocks to make afghans for the homeless or to distribute at nursing homes. (Crochet blocks 7 by 9 inches to practice controlling your gauge.) Hats, blankets, booties, and “preemie” hats can be made for hospitals.

Practice/Service Projects cannot be exhibited in 4-H Needlework at the Kentucky State Fair.

Crochet and exhibit a final project

Create one item or pair of items using one or more pattern stitches, increasing and/or decreasing, and one or more colors of yarn in alternating rows. Bedspread-weight thread or yarns other than 4-ply worsted-weight may be used. Project suggestions include: sweater, vest, shawl, purse, scarf, baby blanket, and a set of five different patterned snowflakes using bedspread-weight thread.



Keep a record of what you have crocheted

Take time to fill out the 4-H Needlework Record. Be sure to list skills you have attempted as well as those you believe you have mastered. Store the record in a folder or three-ring notebook to review before you begin next year's project.

What you will need:

- Basic equipment (scissors, T pins, yarn needle)
- Crochet hook (determined by pattern or as needed for gauge)
- Yarn to practice
- Yarn or thread for project
- Split markers
- Gauge ruler

SHARE

Show others what you have learned.

What you can do:

- Participate in your club, county, and/or district Demonstration Contest
- Exhibit in your county Fair, Festival, and/or Rally Day and the Kentucky State Fair (4-H Project Card required)
- Investigate participating in your county and state Fashion Revue if your project is wearable*

* State Fashion Revue participants must be 14 years old by Jan. 1 of the current year.

Clutter Control

Equipment and supplies have a tendency to get lost. Here are some suggestions to help keep everything safe and in good condition:

- Use a pencil box, eye glass case, travel toothbrush holder to hold small items such as hooks, T-pins, yarn needles, tape measure, pencil, and notepad (put your name on it)
- Use zip top plastic bags to hold your crochet samples
- Use a cloth or sturdy bag with handles to carry all supplies and materials
- Use a pocket folder or three-ring binder to store handouts and patterns

Source: Marjorie Baker, Extension Associate, Family & Consumer Sciences

Doris Reed, County Leader



4-H Needlework—Advanced Crochet Member Project Guide

From There to Here, Anything Goes!

You've learned the basic stitches and techniques, so now what? Venture into the unknown! Explore and discover for yourself all the different and fun things you can do with various hooks and materials. There's no limit. Anything goes!

DO

Look at the advanced skills and techniques listed below and decide what is of interest to you. Many of the basic skills and techniques you learned previously will be helpful as you learn new ones.

- Afghan stitch
- Bead work
- Camel crochet
- Cro-hook/Cro-knit
- Cro-tat
- Filet crochet
- Irish crochet
- Novelty crocheted items (dolls, animals, etc.)
- Novelty yarn
- Patterns, plaids, geometric, checks, etc.
- Design your own (submit instructions with project)
- Other (free form, tapestry, wire jewelry, etc.)

(Ask your leader for a copy of the Advanced Crochet Terminology Fact Sheet for a description of the above.)

APPLY

Using the skills you have already learned as well some of those listed at left, practice what you have learned and complete a project.

What you will do:

Practice skills and techniques—learn by doing

Make one or more of the suggested Practice/Service Projects. Consider giving some of these as gifts to friends or family. You will want to explore your local library, craft and yarn stores, magazines, bookstores, and the Internet for ideas. Select one or more Practice Projects that include the skills you are learning.

Try a Service Project—learn by sharing

Crochet and assemble blocks to make afghans for the homeless or to distribute at nursing homes. Hats, booties, blankets, or “preemie” hats can be made for hospitals.

Practice/Service Projects cannot be exhibited in 4-H Needlework at the Kentucky State Fair.



Crochet and exhibit a final project

Make one item or pair of items using one or more of the skills and/or techniques listed previously. If you design your own, written instructions are required as documentation. Some suggestions include: afghan, cape, evening bag, sweater, vest, poncho, dress, skirt, jacket, bedspread, pillow, animals, dolls, and rugs.

Keep a record of what you have crocheted

Take time to fill out the 4-H Needlework Record. Be sure to list skills you have attempted as well as those you believe you have mastered. Store the record in a folder or three-ring notebook to review before you begin additional projects.

What you will need:

- Basic equipment, including: scissors, T pins, yarn needle
- Crochet hook (determined by pattern or as needed for gauge)
- Yarn for practice
- Yarn or thread for project
- Gauge ruler
- Other supplies as determined by project

What you can do:

- Participate in your club, county, district, and/or state Demonstration Contest
- Exhibit in your county Fair, Festival, and/or Rally Day and the Kentucky State Fair (4-H Project Card required)
- Investigate participating in your county and state Fashion Revue if your project is wearable*

* State Fashion Revue participants must be 14 years old by Jan. 1 of the current year.

Clutter Control

Equipment and supplies have a tendency to get lost. Here are some suggestions to help keep everything safe and in good condition:

- Use a pencil box, eye glass case, travel toothbrush holder to hold small items such as hooks, T-pins, yarn needles, tape measure, pencil, and notepad (put your name on it)
- Use zip top plastic bags to hold your crochet samples
- Use a cloth or sturdy bag with handles to carry all supplies and materials
- Use a pocket folder or three-ring binder to store handouts and patterns

SHARE

Show others what you have learned.

Source: Marjorie Baker, Extension Associate, Family & Consumer Sciences

Doris Reed, County Master Volunteer and Leader