

#LEWISCLARK4H | #MONTANA4H | #4HGROWSHERE



November 2021 **Newsletter**

4-H Website:

http://www.lccountymt.gov/4-h.html

Location:

100 West Custer, Helena, MT 59602

Phone: 406.447.8346

E-mail: lewisclark@montana.edu

MSU Extension Update

Welcome to the 2021-22 4-H Year! I am excited to see all we will accomplish this year and am excited to welcome our new 4-H volunteers and families. To learn more about our program, please review our New 4-H Family Handbook.

If you haven't already, please enroll for 4-H using ZSuites! Experiencing problems? Use the ZSuites chat function. Their customer support is great!

*Every family enrolled in ZSuites should be receiving at least one email per month that includes the monthly newsletters from mt4h@montana.edu. If you are not receiving these emails please check your junk mailbox or contact the office.

4-H Council

Next meeting: Wednesday, November 10th at 6:00 p.m. in the BHB

Minutes available online HERE

To request an agenda, please e-mail or call James Schneider at (406) 788-3011 or Itcmontana@yahoo.com

To join the meeting remotely, please click HERE at the meeting time.

2021-2022 Officers

Congratulations to the new Officers and Superintendents! An updated list is available on the 4-H Council web page.

Youth Council

Next Meeting: TBD

Minutes available online HERE

If you'd like to be the Youth Council advisor during the Extension Agent interim, please contact James Schneider at (406) 788-3011 or ltcmontana@yahoo.com

4-H Foundation

Next Meeting: Thursday, November 18th at 6:00 p.m. at the Lewis & Clark Library.

Minutes available online HERE

The Lewis and Clark 4-H Foundation has a position open for a 4-H Leader as a representative to the Foundation. If you are a leader and interested in helping the Foundation provide funding for the future of 4-H in our community, or if you know a leader that would be interested, please let the Extension Office know. Thank vou!

4-H Facemasks

While we thought we would be done with the need to wear facemasks by now, it is not the case. We still have 4-H facemasks available, now at the reduced price of \$5 each!! If you need a new facemask or just can't find the ones you used previously, help us promote 4-H and safety while raising money for the 4-H Foundation. These are available at the Extension Office, or call Lisa DeWitt at 406-461-1055.

Awards Committee

- We need new volunteers to serve on the Awards Committee! We meet ~4 times per year to evaluate the current award offerings, select award winners, and to gather awards supplies for Awards Night.
- Please fill out the 4-H Volunteer Sign-up if you are interested in serving on the awards committee. call/e-mail James Schneider, the Council President at Itemontana@vahoo.com or (406) 788-3011 for more information or to offer feedback to the committee.

Building Committee

We are looking for volunteers to support the Building Committee. We need some help overseeing the maintenance of the BHB, future plans for BHB, and the potential expansion of our facility. Please contact David Hamilton

We Need Help!

We are looking for both short-term and long-term volunteers to help with upcoming events and put on a workshop for projects without leaders. If interested. please fill out this form to volunteer. We need you!!



- 4-H Volunteer Appreciation Committee Open House/Advertising Committee members
- 4-H Awards Committee members
- 4-H Building Committee members
- Many Project Superintendent positions

2021 Event Dates: Put them on your calendar now!

Junior Superintendent sign-ups: Oct-Dec Awards Night: Sunday, November 7th Shooting Sports Invitational- January 15th Grand Foods-Communications Day-Sewing Revue- April 24th Photo Show-Visual Arts Show-Summer Camp-Pre-Congress- July 10-11th 4-H Congress- July 12-15th Last Chance Stampede & Fair- 24-31st

Preparing for the 2021-2022 4-H Year

Enrollment: Re-enrollments and fees for members and volunteers are due to the Extension Office December 31st. Re-enrollments received after December 31st will re-quire a \$50.00 enrollment fee per family. New family enrollments are due by May 1st to qualify for Fair, but new families can enroll at any time.

Enrollment started October 1st!

Starting October 1st please enroll online by visiting <u>4h.zsuite.org</u> Find out more information HERE.

4-H Camp

We are just starting our planning for a Summer 2022 4-H Camp, looking at facilities and dates. We will also be looking for teen 4-H'ers who are interested in serving as camp counselors next summer. Being a counselor is very rewarding: build your leadership skills, work as a team to plan camp activities, inspire younger 4-H'ers, and enjoy a week of carefree, summer fun with friends! If you're interested in serving as a camp counselor next summer, please consider enrolling in the 4-H Leadership project this year for training and team building.

Junior Superintendents Needed!

Are you an avid 4-H member? Are you aged 13+? Are you REALLY into your project? Then you might want to become a junior superintendent! The Junior Superintendent works closely with the adult superintendents in whatever they're doing with their project. This includes workshops, activities, and Fair prep. Contact your superintendent if you are interested.





2021 Lewis & Clark County 4-H Awards Night- November 7th at 5:00 p.m. in the BHB

Please join us for the 2021 Awards Night. To celebrate the many accomplishments of the last 4-H Year. There will also be online option.

Microsoft Teams Meeting

Join on your computer or mobile app click here to join the meeting

Or call in (audio only) +1 321-430-1119,,396489185# Phone Conference ID: 396 489 185# Find a local number | Reset PIN

4-H Stickers

Hello 4-Hers and families! This year, Big Sky 4-H made fair-themed stickers and we have extras! We have two different designs, but each sticker costs \$3. If you buy 2 or more, each sticker is \$2.50. If you are interested, please email Charlie Snellman at charlie.snellman@icloud.com . All proceeds from sticker sales will be donated to a worthy cause. Thank you, and have a happy October!



Indoor Project Updates

Project	Superintendent	Email	Phone Number
Indoor Committee	Michelle Ostberg	mostberg@bresnan.net	406.459.3543

A huge Thank You to all volunteers that make the 4-H program a success. We greatly appreciate all the time you devote to helping our youth grow and learn.

It is time to submit ideas for the upcoming 4H Fair theme. Please fill out this google form to submit an idea.

Next meeting: Wednesday, November 17th at 5:30 p.m. in the BHB. You can join the meeting remotely by clicking this link at the meeting time.

Project	Superintendent	Email	Phone Number
Ambassadors	Catherine McNeil	mcneilcb@gmail.com	406.439.8570

The Lewis and Clark County 4-H Ambassadors are excited about what we have planned! We are following up with last year's True Leader's in Equity project and are asking the clubs to once again make Tie blankets for the kids that go into Foster Care. The backpacks that include the blankets will be distributed in February. The club that makes the most blankets will receive an Ice-Cream Float or Pizza Party for their efforts. Please have blankets to the BHB before the end of January.

*Do not turn in blankets to the Office. They must be dropped off at the BHB during club, project, committee and council meetings.

We also had a couple of Lewis and Clark County 4-H teens attend Fall Leadership training. This was a great opportunity to network with other 4-H teen leaders from the state and leader some awesome leadership skills.

We will be presenting the GROOVY Awards on Awards Night at 5 pm on November 7 at the 4-H Building. Please come and support your 4-H program!!

Project	Superintendent	Email	Phone Number
Babysitting	Catherine McNeil	mcneilcb@gmail.com	406.439.8570

For those of you interested in learning how to be a great babysitter, we will be doing the workshop on December 18 and 19 from 8:30 to 4:30 each day at the 4-H Building at the Fairgrounds. We will go through the entire project and even learn about First Aid and CPR. You will need to bring your own lunch. There is a \$10 project fee to help pay for supplies. Please let me know if you are interested or have any questions. Catherine McNeil 406-439-8570

Project	Superintendent	Email	Phone Number
Cat	Jennifer Reed	jbensinger44@gmail.com	406.465.6382
	Megan Towers	megrow16@hotmail.com	406.461.5642

Meetings will start up next month. Keep an eye out for next month's newsletter for meeting date and time.

Project Superintendent Email Phone Number

Cloverbuds Katie Grady-Selby katiegrady18@icloud.com 406.202.1802

Thanks to everyone that came to our 1st Cloverbud workshop to make homemade dream catchers.

See you all Monday, November 15th to make leather coasters!! If you signed up for drinks or snacks please make sure to bring them.



Project	Superintendent	Email	Phone Number
Entomology	Ann Reber	belleelegant@gmail.com	406.461.4030

Project	Superintendent	Email	Phone Number
Foods & Nutrition	Teresa Patten	teresajoan 20@gmail.com	406.465.6103

The November Foods Workshop will be held Saturday, November 13th at Headwaters Covenant Church by CR Anderson. Properly fitting face masks are required to be worn at all times. We will be learning how to make biscuits. Here is the link to signup: <u>Biscuit Workshop</u>

The signup will close Friday the 12th at 5pm. Please email me if you need to change your time slot after 5pm on Friday.

Project	Superintendent	Email	Phone Number
Cake	Christine Bailey	christinebailey2015@gmail.com	406-475-0948
Decorat	ting		

Am I the only one who thinks October flew by just like a witch on a broom! I can almost smell those Thanksgiving pies. They'll be here before you know it!

Enough about that let's talk about cake decorating. I will be holding one short class in November on Saturday, November 20 from 10 to 10:30. Adults are more than welcome to stay. We will be discussing class times, dates, expectations, things we will be learning, class size, some other information and I will be asking the students what they would like to learn this year and what their expectations are.

You can sign up on sign-up genius or feel free to email, text or call me and I will put you on the list.

I look forward to seeing each and everyone of you.

Christine

Sign-up link

https://www.signupgenius.com/go/10c0c49aaaa2aa0fcc43-meet

Project	Superintendent	Email	Phone Number
Citizenship	Jennifer Van Syckle	jennifervansyckle@yahoo.com	406.459.9666

Meetings will start up after the first of the year.

Project	Superintendent	Email	Phone Number		
Forestry	Devin Healy	healy.devin@gmail.com	406-439-9140		
Outdoor Adventures					
Wildlife					

Project	Superintendent	Email	Phone Number
Gardening, Crop Scien Weed Scien	ce & Alicia Reber	belleelegant@gmail.com alicia.reber@gmail.com	406.437.2934
Project	Superintendent	Email	Phone Number

Jamie Lerum Graymountainleatherco@gmail.com

406.459.6517

Leathercraft will start back up in April.

Leathercraft

Project	Superintendent	Email	Phone Number
Photography	Luke Duran	elementl@bresnan.net	406.461.7799

Are you ready for a fun new year pushing your creativity and developing your photographic eye? The 4-H photography project will meet for our first workshop on Wednesday, November 17 at 4:45 p.m. We will meet in the downstairs conference room at St. John's Lutheran Church, 1000 Helena Avenue, across from Helena Middle School. You do not need to bring your camera to this meeting.

This year, we will meet monthly through June, with workshops that will include photo challenges, professional photographers, and photo safari field trips.

Note: like any 4-H project, there is a commitment you need to make to complete the project and fulfill the requirements. You must attend at least seven workshops. If you choose not to attend the workshops, or are unable to because of distance or schedule, then you are required to work through and complete the 4-H Photography project book at the level you enrolled in.

Please make sure you are signed up to receive information and announcements for the 4-H Photography project. If you have been in photography before, you'll still need to re-enroll:

- Remind Text messages: Text @lc4hphoto to 81010
- Email messages: Visit the 4-H photography website to sign up at LC4Hphoto.com
- Website: The 4-H photography website has a calendar of events, information on the project, requirements to complete and get credit for the project, and galleries of your work. Visit: LC4Hphoto.com

Project

Superintendent

Email

Phone Number

Pocket Pets

CJ Lassila

siege4214@gmaill.com

406.439.5168

WANT TO START LEARNING ABOUT POCKET PETS? First project workshop for this 4-H year will be on Monday, November 22nd at 7:00 pm at the Fairgrounds 4-H Bill Hamilton Building (BHB).

At Pocket Pets workshops we learn and share information about Pocket Pets: what these animals eat, how they live, how they play, how some of them love attention and touching and how some of them don't. We will learn about lifespans and some medical needs. We will also discuss how Pocket Pet project-related exhibits might



be entered into Lewis and Clark County 4-H events such as Grand Foods, Communications Day, the Photo Show, Sewing Review and of course, the 4-H Fair.

YOU CAN DO THIS PROJECT EVEN IF YOU DON'T HAVE A POCKET PET. All you need is interest in learning about these small animals. We use the 4-H project book series written for Pocket Pets - and the project books will be available for purchase at our meetings.

Project Superintendent Email Phone Number **Sewing &** Trudy Moffett wolfcreekcottagecrafts@gmail.com 406.799.3254 **Handiwork** Desiree Moffett

Junior: Hadassah Moffett

Sewing, quilting, knitting, crochet, weaving, and embroidery are projects that take time to complete. We will be having workshops that start in October and go through April.

The workshops will be held at Capital Baptist Fellowship, 1727 Waukesha, at the corner of Laurel and Waukesha. The dates for the workshops are November 14, December 12, January 9, February 13, March 13, and April 3. We will have Sewing Revue on April 24.

The workshops will take place from 2:00-4:00 p.m.

Sewing students - please come prepared: A Prewash your fabrics before cutting out pattern 📤 If comfortable, cut the patterns prior to the workshop as there is limited space 🖡 Know your sewing machine - how to thread and rewind a bobbin, using the foot pedal. Minimum sewing supplies to have handy are: Scissors - preferably shears, Dressmaker pins, or quilting pins, Pin cushion, Seam ripper, 6" ruler, Seam gauge, Measuring tape, Marking pencil/pen, Sewing machine (if you don't have one, we have one or two machines to check out)

Knitting, crochet, embroidery and weaving this is also a time for these projects.

Knitting - bring your own needles and yarn; crochet - crochet hook and yarn; embroidery - embroidery thread, hoop and material; weaving - yarn or thread for your projects.

Some material has been donated for projects.

Materials for an embroidery project have been donated.

If you are interested in learning to weave there is a rigid heddle loom and some other hand looms available to use.

Project	Superintendent	Email	Phone Number
Shooting	Sports Air Rifle: Vanessa Olson	2qtrcircle@gmail.	com 406.431.1598
-	Archery: Jason Armstrong Jason	n.armstrong25@gmail	<u>l.com</u> 406.438.6479
-	Augusta Archery: Pat Quinn guin	n.jpq@gmail.com	406.562.3662
^	Muzzloading: Les Gransbery	<u> </u>	
S	hotgun: Sam Allen sallen	6@outlook.com	406.461.8583

Air Rifle meets on Tuesdays at 5:45 and 7:00. We will not meet November 23 because of Thanksgiving week.

Archery meets on Thursdays at 5:30, 6:30 and 7:30. We will not meet November 25 because of Thanksgiving.

Please come to whichever session works best for you.

Invitationals

January 15, 2021 - Lewis & Clark County Invitational - Air Rifle, Archery & 3D Archery.

Training Session:

December 3-4, 2021 - Flathead County Fairgrounds, Kalispell, MT.

Registration deadline is November 24, 2021.

Disciplines offered: Archery, Rifle, Pistol, Shotgun, Muzzle-loading, and Hunting Skills

December 10-11, 2021 - Custer County Fairgrounds, Miles City, MT.

Registration deadline is December 1, 2021.

Disciplines offered: Archery, Rifle, Pistol, and Shotgun

January 7-8, 2022 - Greenfield School, Fairfield, MT.

Registration deadline is January 3, 2022

Disciplines offered: Archery, Rifle, and Pistol

The training requirements are as follows:

- 1. Complete the Modules 1-4 on Z-Suites. Access code NSS-MSU-FQ99W5JMD
- 2. Attend the Friday night session

Attend and complete the Discipline training on Saturday.

If you have questions, please contact me.

LEARN FISHING BASICS! Enroll now in the 4-H project of Sport Fishing. This year's Sport Fishing project will begin in April 2022 with meetings every Tuesday evening until mid-August. Our weekly meetings typically include workshop topics such as fishing knots, Montana fishing regulations, fish identification, rod & reel maintenance and casting practice. Project members will begin outdoor fishing in May, getting an



Sport Fishing near Helena. Photo by C.J.

introduction to stream, river, pond and lake fishing at numerous locations throughout the Helena area.

The Sport Fishing project of 4-H introduces beginning fishers to the sport while challenging the more advanced fishers. It is also about learning and enjoying the treasure we call the Montana outdoors. Notably, all project members, volunteers and family members are required to wear PFDs (personal flotation devices - also called life jackets) when in or near the water. There is an additional fee to participate in this project; however, project books are not required.

If you have any questions, contact Project Leader Guy Rainville at 439-3199 or the 4-H Office.

NOVEMBER FISHING TIP: Most of the meat food we eat comes from herbivores (plant eaters). It may come as a surprise to many that most of the fish we eat are carnivores (meat eaters). The reason this is important to a fisherperson is in the choice of bait, lures or flies. Lures and flies "look like" the meat the fish prefer to eat while baits are often the real thing. When choosing a bait, keep in mind the scent and flavor of the bait. These can be processed items like "Power Bait" or household cheese, a milk product similar to meat. Earthworms, grasshoppers, minnows and such are natural forms of food for carnivorous fish, so they also make great bait. Don't forget to use your imagination, any type of meat bait will work, just look in your lunch box. In desperation, I once tried a piece of meat from a fried chicken leg, and it worked!

Project	Superintendent	Email	Phone Number
Vet Science	Amanda Luikens	luikens@aol.com	406.920.0701

If you have questions, please contact Amanda.

Project Superintendent Email Phone Number

Visual Arts JoEllen Wood <u>joellen.wood4h@gmail.com</u> 406.696.3082

Junior: Asa Wood

Hello Visual Arts 4-Hers. Our first workshop will be November 20 from 1-3pm at the BHB. The art media we will be creating with is Pen & Ink. Please bring your creativity, we will have the supplies. You may want to wear a sweatshirt to stay warm while creating as the BHB can be a bit chilly. Hope to see you there.

Please RSVP to <u>joellen.wood4h@gmail.com</u> by November 15 so we can be sure to have enough supplies for everyone to create. Thank you.

Project Superintendent Email Phone Number

Teen Leadership

Do you want to improve your leadership skills? Do you want to be the one that others look up to? Then come to the Teen leadership meeting at 3:00 pm at the 4-H Building on November 7. We will meet and then we will all be there to get ready for the Awards night Ceremony. This is a great chance to learn about leadership opportunities within the county and state and other programs available to teens leaders. Please enroll in the leadership project. For more information of if you have questions, call Catherine McNeil at 406-439-8570.

Vacant Superintendent Positions

Cowboy Poetry Robotics

Exploring 4-H Small Engines

Electricity Welding

Interior Design Woodworking

If you are interested or would like to volunteer for any of these projects, please fill out this google form and we will be in touch.

Outdoor Project Updates				
Project	Superintendent	Email	Phone Number	
Outdoor Committee	David Hamilton Casey jones	davidhamilton431@gmail.co	om 406.431.1948 406.431.2655	

The next Outdoor meeting is Monday, November 1st 5:30 PM in the BHB. You can join the meeting remotely by clicking this link at the meeting time.

4-H Livestock Sale Committee

***Minutes available online HERE

There will be a sale meeting following the Outdoor Meeting.

Project	Superintendent	Email	Phone Number
Beef	Larry St. Clair Chris Petre	larrystclair1@gmail.com cjpetre@msn.com	406.465.4524 406.439.8371
Project	Superintende	nt Email	Phone Number
Dairy Ca	ttle Daisy Feight	daisyfeight@yahoo.com	406.439.1810

Project	Superintendent	Email	Phone Number
Dog	Laurie & Bill Sullivan	lasullivan@bresnan.net	406.431.8636

The Dog Project was represented at the 4-H Open House in October. The attendance was good and we had many interests in the project. Emma Citi and Gavin Kirschenman with Daisy were my junior helpers.

The 4-H Dog Project will be having an informational meeting on November 6th at the Bill Hamilton Building. The FIRST year Dog Project Members will meet at 8:30 a.m. The SECOND year plus Dog Project Members will meet at 10:00 a.m. We will be going over the enrollment forms, project fees, vaccination forms, and meeting with some of the instructors. We will also be going over the schedule for the upcoming year and changes to the program. This is an informational meeting so please do not bring your dogs.

**** First year members that have older siblings in the project, please come to the 10:00 a.m. meeting.

****Project members that have more than one dog and one of them is first year dog, please come to the 10:00 a.m. meeting.

Obedience training will begin on November 13th with the First Year project members starting at 8:30 a.m. and 9:30 a.m. Second

years at 10:30 a.m. Third years and beyond at 11:30 a.m.



The schedules will be adjusted according to the number of participants in each level of the Obedience classes and being able to social distance with our Dog Project members and their dogs. Soft moist treats and a 6 ft. training lead with a flat buckle collar on your dog will be needed for each training class.

Further equipment needs will be addressed at the informational meeting and throughout our dog training.

Project	Superintendent	Email	Phone Number
Goat	Karyn Hamilton	dewklh@netzero.net	406.461.7536
Project	Superintendent	Email	Phone Number
Horse Juni	Beckie Graham or: Chase Graham	bbghorselover@gmail.com	406.459.8828

First Meeting: November 14th at the BHB 6:00

The horse project will have it's normal meetings on the second Sunday at 6:00 p.m. at the BHB. This meeting will be for paperwork, discussion of the projects and checking level information, as well as discussing when the Helmet video presentations will be completed.

Project	Superintendent	Email	Phone Number
Livestock Judging	Georgana Webster	legallyblondentall@gmail.com	406.438.2842

MSU John Deere Days judging contest November 11th Thursday 7:30 am departure December 1st or 2nd weekend Big Timber Contest TBD

Project	Superintendent	Email	Phone Number
Poultry	Lexie Edwards	lillexielou@live.com	406.439.9432
	C.J. Lassila	siege4214@gmail.com	406.439.5168

Next Poultry Workshop: Saturday, November 13th, 2021, at 2:00 pm in the 4-H Bill Hamilton Building BHB. Attention new project members - we do use the 4-H projects books and will have some available for purchase. Returning

Important Dates

November 13th 2:00 p.m. December 11th 2:00 p.m.

project members - bring your project book - but No birds for this meeting.

There were two Poultry events during October. First, we celebrated National 4-H Week at the October 10th Open House with

a project booth where there was an opportunity for interested 4-Hers to find out what to expect at our project workshops and to page through the Poultry project books.

Next, we had our first project workshop of the new 4-H year on October 23rd. We did introductions and then both level one and two members worked through an exercise about identifying the parts of a chicken. Being able to correctly identify the many parts of a chicken and other poultry is an important skill that is useful in both caring for your poultry as well as during showmanship when you are being judged with your bird. In the Level one Poultry Project Book ("Scratching the Surface") there are bird diagrams on page 6 that are similar to what we worked on during the workshop.

During our workshop, a project member asked, "Where did chickens get their name?"

The name chicken comes from the Old English word "cycen", which means "young fowl". It later evolved to mean "young chicken" in Middle English, which then was used to refer to any chicken, adult or juvenile. The use of the word chicken to mean "cowardly" is from at least the 14th century, and became popular in U.S slang around

1943. The game of chicken used to test courage among young people was first recorded in 1953. A "paltry sum of money" is also called "chicken feed" and was first used in 1904.

Project members also worked on Record Book basics. First, everyone was asked to write down their three Poultry project goals and then to write down something they learned at this workshop. Every workshop this year we will spend a few minutes on Record Book worksheets.

All project members and family are invited to join our Facebook group page under Lewis & Clark 4-H Poultry project.



October Workshop: Identify Poultry Parts & Learn Poultry Words. Photos by C.J.

Project	Superintendent	Email	Phone Number	
Rabbit	Vanessa Olson	2qtrcircle@gmail.com	406.431.1598	
	Moriah Parker	stole_em2000@yahoo.com	406.202.5729	

Rabbit will meet on November 22 at 5:30 pm in the BHB. Please leave your rabbits at home.

Project	Superintendent	Email	Phone Number
Sheep	Jeff Patten	blaackraam@gmail.com	406.422.3796

There are two possible dates for shearing workshop - November 13 and 14 or December 11 or 12 at the Patten Barn 863 Sunny Vista Rd. Will send out email closer to the date as to which one will happen.

January 30 at 2:00 pm at the Patten Barn - Lambing workshop at the Patten Barn

February 27 (Sunday) 2pm at the BHB - Lamb Health

March? Sunday 2:00 pm BHB Selection workshop

April 5 (Tuesday) 6 pm at the BHB - Feeding workshop with CHS Feed

April 27 is possession and tagging forms due date

May 12:00 pm Tagging

May 24 (Tuesday) 6 pm behind the BHB - Fitting workshop, behind the BHB

June 10 & 11 - Champions Choice Lamb Camp

June 12 - Helena Jackpot

July 24-31 *Fair*

Project	Superintendent	Email	Phone Number
Swine	James Schneider	Itcmontana@yahoo.com	406.788.3011



Sweet Clovers 4-H Club

Hello New 4H Year!! The Sweet Clovers 4-H Club had a great time hosting a booth for this year's 4H Open House. It was exciting to see so many community members coming together to see what 4-H here in Lewis and Clark County is all about!

Our club had lots of participation, fun, games and showcased many of the projects from our current members. We are really excited for what this new 4H year has in store for our club.

In fact, we kicked the year off with our first meeting held right out in front of the BHB following the Open House. Check out all the new faces!

We are happy to report that we are once again able to be meeting at <u>Radley</u> <u>Elementary at our regular time of 4:00</u>





Kountry Bumpkins 4-H Club

We're excited to launch in to the new 4-H year with great club! Due to Election Day, we will move our November club meeting date to Tuesday, November 9 at 6 p.m.

New club members and families: we will have short 4-H orientation after our regular meeting, and will answer any questions you may have.

Please make sure you are signed up to receive club announcements and information:

Remind text messages: Text @kb4hclub to 81010

Email messages: Visit the Kountry Bumpkins 4-H club website and sign up at KB4H.com

• Website: Kountry Bumpkins has a calendar of events, club member news, information about the club, and member obligations. Visit: <u>KB4H.com</u>

Wild Roses 4-H Club

The Wild Roses 4-H Club started the 2021-2022 new 4-H Year with an in-person meeting at the 4-H Bill Hamilton Building on October 11, 2021.

Wild Roses welcomed new members this evening: AlizaJane, Kaylee and Briella. We heard reports about the county 4-H Open House, other 4-H meetings that member families may attend (Outdoor Committee, Indoor Committee and Leaders Council), a special report about the Youth Council that all club youth members may attend, and that project workshops are starting to happen, so be checking the 4-H calendar and monthly newsletter for dates and times. Then members were reminded that IT'S NOW TIME TO BEGIN NEW 4-H YEAR RECORD BOOKS. With that in mind, club members wrote down their three goals for "My 4-H Year 2021-2022."

Wild Roses 4-H Club typically does a 4-H project-related activity at each meeting. This month, since a Foods workshop was already held, the club members learned about nutrition by hearing about Trail Mix healthy snacks and having the opportunity to create their own Trail Mix snack this evening. Club members learned: 1. Keep trail mix in cool, dry location a to prevent it spoiling. 2. Eat while hiking or doing another strenuous activity. Trail Mix is lightweight, portable, and full of energy ingredients. 3. Mix and Match your ingredients, using items you enjoy eating. 4. Healthy ingredients should include a combination of Nuts, Seeds, Dried Fruit, Grains and Sweets. To create their Trail Mix, club members selected from peanuts, pecans, pumpkin seeds, sunflower seeds, dried apple, dried mango, cheerios and M&M candies.



Trail Mix photos by C.J. Lassila.

*Check the calendar on the website for additional events or changes.

November 2021

*BHB = Bill Hamilton 4-H Building on the Lewis and Clark Co.

and Clark Co.						
SUN	MON	TUE	WED	тни	FRI	SAT
Oct 31	Outdoor Meeting, 5:30 p.m., BHB	Air Rifle, 5:45 p.m., BHB Livestock Judging, 6:30 p.m., Location Varies	3	4 Archery, 5:30 p.m., BHB	5	6 Dog Meeting, 8:00 a.m., BHB
7 Teen Leadership Meting, 3:00 p.m., BHB Awards Night, 5:00 p.m., BHB	8	9 Air Rifle, 5:45 p.m., BHB Livestock Judging, 6:30 p.m., Location Varies	Council Meeting, 6:00 p.m., BHB	MSU John Deere Days Livestock Judging Archery, 5:30 p.m., BHB	Food & Nutrition Sign Up Due, 5:00 p.m., Sign Up Genius	Dog Obedience Meeting, 8:00 a.m., BHB Food & Nutrition Workshop, Headwaters Covenant Church Poultry Meeting, 2:00 p.m., BHB
14 Sewing Workshop, 2:00 p.m., Capitol Baptist Fellowship Horse Meeting, 6:00 p.m., BHB	Visual Arts RSVP due Cloverbuds Meeting, 6:00 p.m., BHB	Air Rifle, 5:45 p.m., BHB Livestock Judging, 6:30 p.m., Location Varies	Photography Meeting, 4:45 p.m., St. John's Lutheran Church Indoor Meeting, 5:30 p.m., BHB	Archery, 5:30 p.m., BHB Foundation Meeting, 6:00 p.m., L&C Library	19	Cake Decorating Meet & Greet 10:00 a.m., Headwaters Church Visual Arts, 1:00 p.m., BHB
21	22 Rabbit Meeting, 5:30 p.m., BHB Pocket Pets, 7:00 p.m., BHB	23	24	Extension Office closed	26 Extension Office Closed	27
28	29	Air Rifle, 5:45 p.m., BHB Livestock Judging, 6:30 p.m., Location Varies	Dec 1	Dec 2 Archery, 5:30 p.m., BHB	Dec 3 Shooting Sports Leader Training, Kalispell	Dec 4 Shooting Sports Leader Training, Kalispell Dog Obedience Meeting, 8:00 a.m., BHB