

# Ready to join Lewis & Clark County 4-H?

## It's easy!

1. Join a county 4-H Club: Visit our county 4-H website for a list of clubs near you.

[www.lccountymt.gov/extension/4-h.html](http://www.lccountymt.gov/extension/4-h.html)

OR

Attend the annual 4-H Open House at the Lewis & Clark Fairgrounds. Contact your local county 4-H agent at (406) 447-8346 for dates and times.



2. Enroll with your club and select the 4-H projects you want to explore. Attend your club meetings and project workshops.



3. Enjoy a great year with 4-H club and county events and activities! To make the most of your 4-H experience, take part in fun group activities like 4-H Camp, the County Fair, and specific project events like the annual Photo Show, Livestock Jackpot, and Grand Foods.



[www.lccountymt.gov/extension/4-h.html](http://www.lccountymt.gov/extension/4-h.html)



 [facebook.com/lewisclark4h/](https://facebook.com/lewisclark4h/)

 [@lewisclark4h/](https://twitter.com/lewisclark4h/)

 [@lewisclark4h/](https://instagram.com/lewisclark4h/)

For More Information Contact:

4-H Extension Agent  
Lewis & Clark County Extension  
100 W Custer • Helena, MT 59602

Office: 1-406-447-8346  
1-800-682-0033  
Fax: 1-406-447-8347

Lewis and Clark County 4-H Leader's Council is a 501(c)(3) tax-exempt non-profit organization.

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Are you ready for fun, teamwork, adventures, and the opportunity to learn and be your best?

## 4-H has what you're looking for!



Look inside and see what 4-H can offer you.



**LEWIS & CLARK  
COUNTY 4-H**  
GROWING LEADERS  
SINCE 1908



## What is 4-H?

4-H enables young people to acquire knowledge, develop life and leadership skills, and form attributes that enable them to become self-directing, productive, and contributing members of society.

### What are the advantages of 4-H?

Young people in 4-H have an opportunity to develop as an individual:

- ▶ Learn lifelong skills related to the projects they explore
- ▶ Make new friends through 4-H meetings, events, and activities
- ▶ Work with adult volunteer leaders
- ▶ Develop leadership skills and the ability to speak before a group
- ▶ Explore projects that can lead to future careers

### Adults have the opportunity to:

- ▶ **Be a 4-H leader**—organize and lead a club
- ▶ **Be a Project Leader**—oversee student work and organize workshops in specialty areas listed in this brochure
- ▶ **Be a Financial Sponsor**—monetary support is necessary for supplies, equipment, facilities, awards, and recognition

## Who can be involved?

### Ages 5-7:

#### Cloverbuds is for you!

- ▶ Cloverbuds is a 4-H discovery program
- ▶ Structured curriculum that is fun!
- ▶ Hands-on and discovery-oriented
- ▶ All activities are non-competitive

### Ages 8-19:

#### 4-H membership is your key!

- ▶ A non-formal educational program
- ▶ Open to everyone regardless of race, religion, color, gender, national origin, handicap, or place of residence.
- ▶ 4-H is the largest out-of-school youth organization in the United States.
- ▶ Whether you live in a city, suburb or rural area, there's something for you in 4-H.
- ▶ Some activities provide friendly, educational competition and opportunity for prizes and recognition.

### Ages 19 and older:

#### Be a 4-H Volunteer!

- ▶ Share your talents
- ▶ Work with kids
- ▶ Exert a positive influence on your community and the lives of youth

## Lewis & Clark County Projects

Aerospace  
Alternate Energy  
Beef  
Bicycle  
Cat  
Child Development and Babysitting  
Citizenship and Service Learning  
Cloverbuds  
Communications  
Cowboy Poetry  
Crop Science  
Dairy  
Dog and Dog Agility  
Electricity

Entomology  
Exploring 4-H  
Family Adventure  
Foods and Nutrition  
Forestry  
Dairy and Meat Goats  
Home Environment  
Horse and Pony  
Horticulture and Gardening  
Leathercraft  
Outdoor Adventures  
Photography  
Pocket Pets  
Poultry  
Rabbit  
Range Science

Robotics  
Sewing and Handiwork  
Sheep  
Shooting Sports  
Small Engines  
Sport Fishing  
Swine  
Teen Leadership and Self-Determined  
Theatre Arts  
Veterinary Science  
Visual Arts  
Weed Science  
Welding  
Wildlife  
Woodworking



### Fun club, county, state, and national events throughout the year:

Lewis & Clark County Fair  
Project workshops and competitions  
Lewis & Clark County 4-H Camp  
Achievement programs  
4-H State Rec Lab  
Exchange Programs

State and National 4-H Congress  
National 4-H Youth Conference  
Community Service projects  
Holiday events and parties  
4-H Ambassador Outreach  
Awards and Banquets

### The 4-H Pledge:



I pledge  
My HEAD to clearer thinking  
My HEART to greater loyalty  
My HANDS to larger service  
My HEALTH to better living  
For my club, my community, my country and my world.



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