



For Immediate Release

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Quarterly WIC Clinic Opens in White Sulphur Springs

Helena – The Women, Infant & Children Supplemental Nutrition Program (WIC) of Lewis and Clark Public Health (LCPH) is partnering with Meagher County Public Health to open a quarterly WIC Clinic in White Sulphur Springs.

Located at 15 W Main Street, future clinics are scheduled for the second Mondays of March, June, and September from 10 am – 3 pm. Appointments are encouraged. Walk-ins are welcome. Those dates are Monday, March 10, Monday, June 9, and Monday, September 8.

WIC is funded through the U.S. Department of Agriculture and provides food support for Montana families. One item in the food package is a dollar amount for fresh vegetables and fruits. The amounts are \$26 per month for children up to age five, \$47 for those pregnant, postpartum, or partially breastfeeding, and \$52 for those fully breastfeeding. Other WIC benefits include nutrition counseling, lactation experts, baby food, breastfeeding education and pumps, access to trained staff, and other resources and referrals.

WIC eligibility requires participants to be pregnant, postpartum, breastfeeding, or have a child younger than five. Participants must make less than 185% of the Federal Poverty Level or qualify for Medicaid, SNAP, TANF, Traditional Best Beginnings, or a free/reduced school meal program. WIC is a voluntary program, and participation does not interfere with SNAP or Medicaid, and new this year, traditional Best Beginnings Scholarship.

“We know that only 55% of eligible families are enrolled statewide, and we also know that many families are struggling to make ends meet this year,” said Dawn Sullivan, WIC Clinic Coordinator. “The team here at Helena WIC is here to help families enroll and access all the incredible benefits of WIC. We can help make this season a bit brighter.”

WIC in Montana includes 33 local agencies and over 80 clinic sites serving all 56 counties and six tribal reservations. Almost 13,400 women, infants, and children are enrolled which is about 10,000 Montana households.

If Meagher County families need help enrolling in WIC or accessing their benefits, they can contact the Lewis and Clark Public Health WIC Clinic at 406-457-8912 or email wic@lccountymt.gov.