

Lewis and Clark County Behavioral Health Local Advisory Council

Tuesday, June 6, 2023 | 11:30am-12:30pm MINUTES / Video Recording

- Welcome and New Attendee Introductions
- II. Spotlight Presentation (~25 minutes)-Please watch video for presentation details!

Helena Public Schools Behavioral Health Initiatives Lona Carter, Administrator, HPS Health Grant Facilitator

Summary of Presentation: Sustainable Funding and evidenced-based Services for trauma-informed School Based Programs to address mental and physical wellness barriers. Increase access to these health services for 7676 students from elementary to high school. In addition to behavioral health identification, 25% food insufficiency (hunger) and increased from 250 in 12.31.22 to 365 of students as of 4.28.23 in housing transition (shelters, hotels, unsheltered and doubling up). BASC-BESS was administered in 10.22 to further identify impacts on youth with sobering results that include:

10% (154 students) of K2 students identified as "Extremely Elevated Risk of behavioral and emotional risk.

15% (235) of K2 students identified as "Elevated Risk"

9% (445) of 3rd through 12th grade completed surveys themselves and rated as "Extremely Elevated Risk".

17% (854) rated themselves at "Elevated Risk"

Approximately 1 in 4 youth have an elevated risk for anxiety and/or depression.

Please watch the 25-30min video at beginning of meeting for current landscape, goals and initiatives and actions and further recommendations to address student health and wellness.

Q & A

III. Approval of Minutes & Intro to Vice Chair Candidates

- ❖ May 2, 2023 Minutes-approved by Kayleigh and Gary
- ❖ Vice Chair- interest and voting for FY24 (effective 7.1.23)
 - VC Candidates introduced themselves: Jadin VanSteenvort and Todd Tecca
 - Voting Members use chat box to notify Jolene your vote by end of meeting
 - New Vice Chair notification will be sent by end of this week to candidates and LAC membership

Meeting Cancellation and Meeting Format Option

July 4th meeting cancelled -due to Independence Day Holiday.

- Some participants are requesting to return to in person meetings and others are enjoying remote. Steering Committee discussed Quarterly in-person meetings with balance remote as a potential consensus in FY24-Thoughts?
- In-person location for 25-50 people needed if so-anyone have no-cost location or idea? Intermountain, Public Library

IV. Public Comments/Events/Other

- Mental Health Block Party review and next year planning-180 homburgs and hot dogs
- 100+ people
- Neighborhood presence and connect with past and present members
- 17 Provider Tables, Donated Musical Performers, Table activities and give-aways.
- Interest in table providers on planning next year -Theresa Ortega interested in participating in FY24
- Consumers from Our Place enjoyed participating and felt welcome
- Pre-event education, local signage and banner

<u>Next Meeting Spotlight Scheduled</u>: Tuesday, August 1, 2023 | Employment Services and Opportunities for individuals with Disabilities and SMI in MT

July 4th General Meeting CANCELLED due to HOLIDAY

Reference: <u>Today's Acronyms</u>: HPS: Helena Public Schools, LAC: Local Advisory Council,
BH: Behavioral Health <u>988</u> is the 3-digit Suicide Prevention and Mental Health Crisis Lifeline in MTAvailable 24/7

Our mission is to improve and protect the health of all Lewis and Clark County Residents

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