

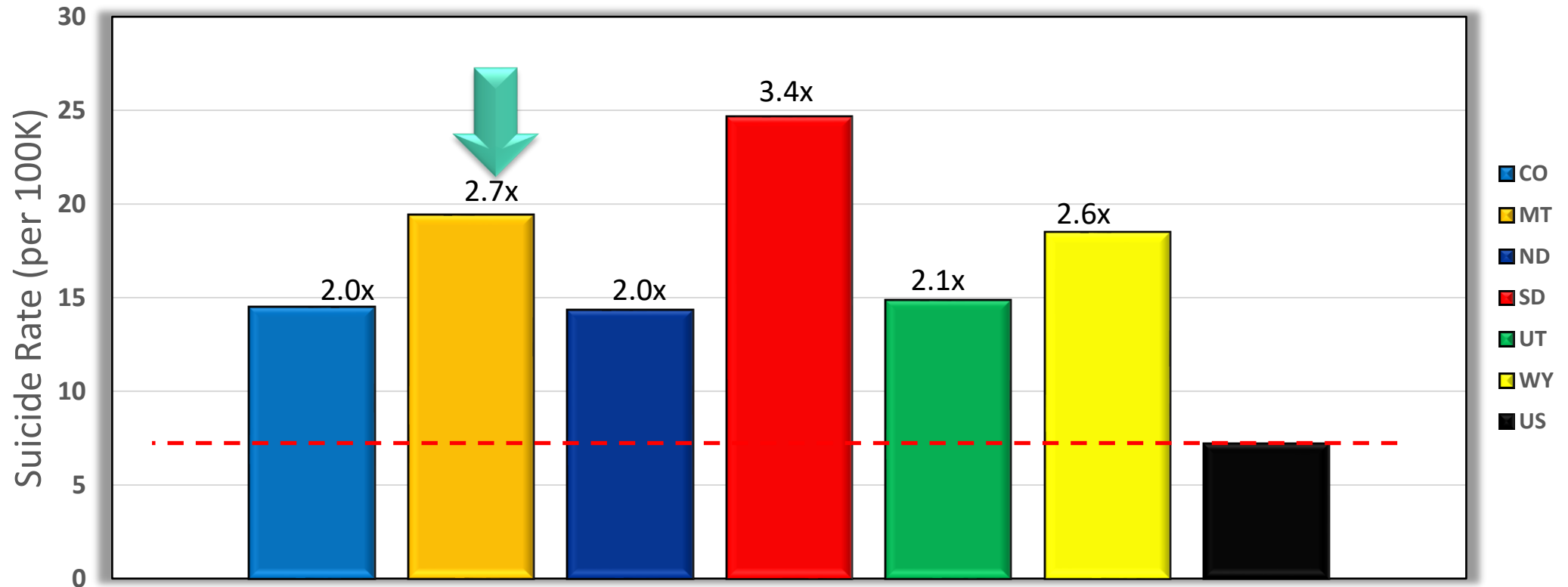
Screening-Linked-To-Care:

WHAT IT IS AND HOW IT WORKS TO REDUCE YOUTH SUICIDE

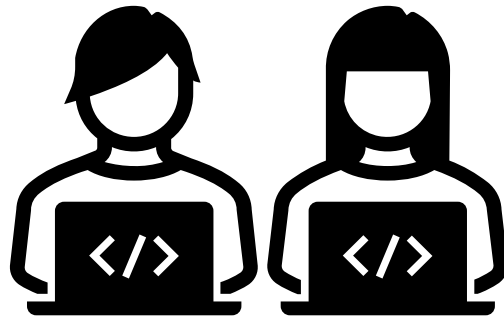
KAYLEIGH BROWN

A solid green horizontal bar at the bottom of the slide.

High Youth Suicide Rate in Montana



Screening Linked to Care Intervention



Digital delivery
Best suicide-risk predictor and
Depression and anxiety scales

+

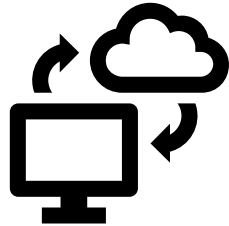


Same-day, at school care
Clinician in school or
Telehealth partners

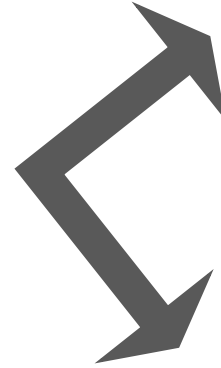
Connecting Youth to Care



Web-based screening
<10 minutes:



Results within 1 minute to
school staff



Same-day care
for those with
high risk

Referral
REACTIVE



Inform school
programming
PROACTIVE

Suicide Risk Screening Tool

- Suicide risk prediction (eC-SSRS)
- Depression symptom severity (PHQ-A)
 - Anxiety symptom severity (GAD-7)
- Functioning (social/school) (WSAS-Y)
 - Substance use (CRAFFT)







Rationale for Selected Assessments

All assessments are validated for use in individuals aged 12 years and older.

eC-SSRS= Columbia Suicide Severity Rating Scale

- Gold standard for suicide risk assessment
- Recommended by the FDA

Suicide Risk Categories

Lifetime NEGATIVE 	Recent NEGATIVE 
Lifetime POSITIVE 	Recent NEGATIVE 
Lifetime POSITIVE 	Recent POSITIVE 

Lowest Risk*

Moderate Risk

Highest Risk

→ Same-day care

Sep 1, 2022 - Sep 5, 2023

Refresh

Screening URL

https://quiz.meret.tech/go/Rainbow

Filters:

Show All

Advanced Functionality

Download All Reports

Date	Search student ID	Follow-Up	Suicidality		PHQ-A Depression	GAD-7 Anxiety	Grade	Individual Report	
09/05/2023	test	<input type="checkbox"/>	Lifetime: NEGATIVE	Recent: NEGATIVE	0	0	8	Staff	Student
09/05/2023	56eerd	<input type="checkbox"/>	Lifetime: POSITIVE	Recent: POSITIVE	16	8	10	Staff	Student
09/05/2023	72752864	<input checked="" type="checkbox"/>	Lifetime: NEGATIVE	Recent: NEGATIVE	15	7	7	Staff	Student
09/04/2023	9455403	<input type="checkbox"/>	Lifetime: POSITIVE	Recent: POSITIVE	10	13	9	Staff	Student
09/04/2023	tg75	<input type="checkbox"/>	Lifetime: NEGATIVE	Recent: NEGATIVE	8	9	1	Staff	Student
09/04/2023	44JidIHde	<input type="checkbox"/>	Lifetime: POSITIVE	Recent: POSITIVE	5	0	10	Staff	Student
09/04/2023	4545GGGGg333	<input checked="" type="checkbox"/>	Lifetime: POSITIVE	Recent: POSITIVE	22	15	10	Staff	Student
09/04/2023	4549562	<input type="checkbox"/>	Lifetime: NEGATIVE	Recent: NEGATIVE	0	0	11	Staff	Student
08/28/2023	tu8	<input type="checkbox"/>	Since last screening: NEGATIVE		9	10	10	Staff	Student
08/16/2023	tu8	<input type="checkbox"/>	Since last screening: NEGATIVE		0	0	10	Staff	Student



eC-SSRS

Lifetime Assessment

Subject ID: 56eerd

Collection date: September 5, 2023

Collection time: 6:53 am (UTC -5)

Recommended Follow-Up: **Today**

eC-SSRS Suicide Risk Assessment

Lifetime: **POSITIVE**

Recent: **POSITIVE**

Key item response summary:

I. Ideation

	Lifetime	Recent
• Wished you were dead or could go to sleep and not wake up?	No	*
• Actually had any thoughts of killing yourself?	No	*

II. Behaviors

	Lifetime	Recent
• Actual suicide attempts?	Yes	Yes
• Attempts interrupted by someone or something?	No	*
• Self-aborted attempts?	Yes	Yes
• Takings steps toward making an attempt?	No	*

III. Non-suicidal Self-injurious Behavior²

• Engaged in non-suicidal self-injurious behavior?	No
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* This question was not asked because of the respondent's answers to previous questions.

Table interpretation:

Items in **boldface** drive positive results. Responses highlighted in **yellow** indicate moderate suicide risk. Responses highlighted in **red** indicate high suicide risk.

Suicidal thoughts indicate risk. Thoughts with intent indicate **5 times greater risk of suicidal behavior** over no thoughts.

These responses indicate low suicide risk associated with ideation.

Suicidal behaviors alone (even without suicidal thoughts) indicate **6 times greater risk of suicidal behavior** over no suicidal thoughts or behavior. Thoughts with intent plus behavior indicate **9 times greater risk of further suicidal behavior** over no suicidal thoughts or behavior.

Non-suicidal self-injurious behavior (NSSIB) indicates **2 times greater risk of suicidal behavior** over no reported NSSIB.



eC-SSRS Lifetime Assessment

Subject ID: 56eerd

Collection date: September 5, 2023

Collection time: 6:53 am (UTC -5)

Recommended Follow-Up: **Today**

eC-SSRS Suicide Risk Assessment

Lifetime: **POSITIVE**



Recent: **POSITIVE**



Notes:

This result means this student is at high risk for suicide. This student said they had had serious suicidal thoughts or suicidal behaviors recently. Recently means in the past month for suicidal thoughts and in the past 3 months for behaviors. Suicidal thoughts mean a person has wanted to die and may have made a plan to die. Suicidal behaviors are actions that a person has taken to cause death like collecting or taking pills or trying to shoot or hang oneself.

A student with recent suicidal thoughts **or** behaviors has 5-6 times the risk of more suicidal behavior in the near future, and if the student has recent suicidal thoughts **and** behaviors, the student has 9 times the risk.

Because this student has a high risk of suicide, they met with someone trained in mental health the day they took this test. This same-day visit with a mental health professional was done at the school.

Depression Symptom Severity (PHQ-A)

PHQ-A Score:

16

No/Minimal: 0-4

Mild: 5-9

Moderate: 10-14

Moderately Severe: 15-19

Severe: 20-27



Possible clinical depression - needs care.

Generalized Anxiety Symptom Severity (GAD-7)

GAD-7 Score:

8

No/Minimal: 0-4

Mild: 5-9

Moderate: 10-14

Severe: 15-21



Possible clinical anxiety - needs care.

How does the process work?

SLTC implementation steps
in three phases

Implementation

Preparation



Engage stakeholders
Tailor program

Deployment



Program delivery
Quality improvement

Sustainability



Expansion
Funding

How Can SLTC Help Prevent Suicide?

- **Screening identifies youth who are at risk**
 - Identification = major barrier in youth suicide prevention
 - Those at higher risk of dying by suicide are the least likely to seek help.
- **Same-day connection to mental health care means students with higher risk of suicide will get the help they need.**

Connecting Youth to Services

RBHI helps students access care by providing resources for families and providing case management if needed.

Resources

We view mental health from a systems theory approach.

Maslow's Hierarchy of Needs



Clinical Services

We offer short-term case management and bridge psychiatric services. Both services are provided at NO cost to families.

The case manager will assess the needs of the student and their family and **connect** them to local resources. This could include psychotherapy, psychiatric care, primary care, access to transportation, food, affordable housing, etc.

Some students identified in screenings may benefit from a psychiatric evaluation. Our psychiatric team will meet the student and their family for comprehensive treatment for about one month until they are able to connect with a local treatment provider and a warm handoff is facilitated.

Goals & Sustainability

RBHI's focus is always to identify kids and get them access to care to help them be successful.

RBHI can deliver all these services due to grant funding and donations.

Connect With Us!

RBHI.org

kbrown@rbhi.org