

# 988 TIC-TAC-TOE

|                                                              |                                                                                 |                                                                   |
|--------------------------------------------------------------|---------------------------------------------------------------------------------|-------------------------------------------------------------------|
| FIND A 988<br>ROCK BY THE<br>FLAG @<br>CENTENNIAL PARK       | FIND A<br>988 POSTER OR<br>SIGN IN THE<br>COMMUNITY                             | FIND A 988 ROCK<br>NEAR SPRING<br>MEADOW LAKE                     |
| STICK A 988<br>STICKER<br>SOMEWHERE<br>AND TAKE A<br>PICTURE | VISIT<br>988LIFELINE.ORG<br>AND LIST 3 WAYS<br>TO CONTACT 988<br>1.<br>2.<br>3. | PLACE A PAINTED<br>988 ROCK<br>SOMEWHERE<br>AND TAKE A<br>PICTURE |
| FIND<br>A 988 ROCK<br>IN REEDER'S<br>ALLEY                   | HANG UP A 988<br>POSTER<br>AND TAKE A<br>PICTURE                                | FIND A 988 ROCK<br>NEAR THE SIGN IN<br>EAST HELENA'S<br>JFK PARK  |

## Try this 988 Tic-Tac-Toe Challenge, win GIFT CARDS!

1. COMPLETE THREE 988 CHALLENGES IN A ROW BEFORE SEPTEMBER 30.
2. TAKE A PICTURE OF YOURSELF COMPLETING EACH CHALLENGE.  
NOTE: PLEASE LEAVE 988 POSTERS AND ROCKS WHERE YOU FIND THEM.
3. SEE SPACE ON A BULLETIN BOARD? HAVE A CONNECTION WITH A LOCAL BUSINESS OR AGENCY? JOIN THE DISTRIBUTION EFFORT! 988 POSTERS, STICKERS AND ROCKS CAN BE PICKED UP AT LEWIS AND CLARK PUBLIC HEALTH (1930 9<sup>TH</sup> AVE, HELENA).
4. TURN IN YOUR CARD ELECTRONICALLY OR IN PERSON TO ENTER THE DRAWINGS.\*

NAME: \_\_\_\_\_ PHONE OR EMAIL: \_\_\_\_\_

\*WINNERS MUST SHOW THE THREE PICTURES AS PROOF OF COMPLETING CHALLENGES.

DROP A PHOTO OF YOUR COMPLETED SHEET OR BRING TO LEWIS AND CLARK PUBLIC HEALTH  
UNDER THE LCPH FACEBOOK POST OR EMAIL 1930 9TH AVE, HELENA  
TO JDORRINGTON@LCCOUNTYMT.GOV



Lewis & Clark  
Public Health



## **SEPTEMBER 8 MARKS 988 DAY,**

**AN ANNUAL DAY OF ACTION DEDICATED TO SPREADING AWARENESS OF THE 988 SUICIDE & CRISIS LIFELINE  
AND EMPHASIZING THE IMPORTANCE OF MENTAL HEALTH SUPPORT.**

**Sometimes life's challenges can feel too heavy to carry alone.**

**Whatever you're facing, big or small, your reason for seeking support is reason enough.**

**Emotional distress or overwhelm? Thoughts of suicide? Concerns about substance use?**

**Support is available right now. Simply call or text 988 to reach the 988 Lifeline.**

**Compassionate, trained counselors are available 24 hours a day, 7 days a week.**

**Free, confidential, and available to anyone in need!**

Lewis and Clark Public Health is grateful for the 988 Tic-Tac-Toe gift card donations from the following businesses:

Panera Bread

The Dive Bakery

Silver Star Steak Co.

The Tea House

Mountie Moose Bakery

Reading Leaves Books

Deep Creek Pizza Co.

Bread & Butter Cafe

and more! ... see Lewis and Clark Public Health's Facebook page

**TO PRINT ADDITIONAL 988 CHALLENGE SHEETS, PLEASE VISIT [LCSUICIDEPREVENTION.ORG](https://lcsuicideprevention.org)**

**IF SOMEONE NEEDS IN-PERSON SUPPORT IN A CRISIS, PLEASE CALL 911 AND REQUEST THE CRISIS RESPONSE TEAM**