

"What mental health needs is more sunlight, more candor, and more unashamed conversation"

GLENN CLOSE

YOU can help improve behavioral health care in your community!



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<https://bit.ly/BHLACMeetings>

For more information on Behavioral Health Local Advisory Council in Montana, please visit <https://bit.ly/MTLACs>

Behavioral Health Local Advisory Council

FOR LEWIS AND CLARK COUNTY



Make a difference in Lewis and Clark County. Join the BHLAC!

What is a Behavioral Health Local Advisory Council (BHLAC) ?

A BHLAC is a coalition of community members dedicated to assessing, planning, and strengthening behavioral health services in their community.

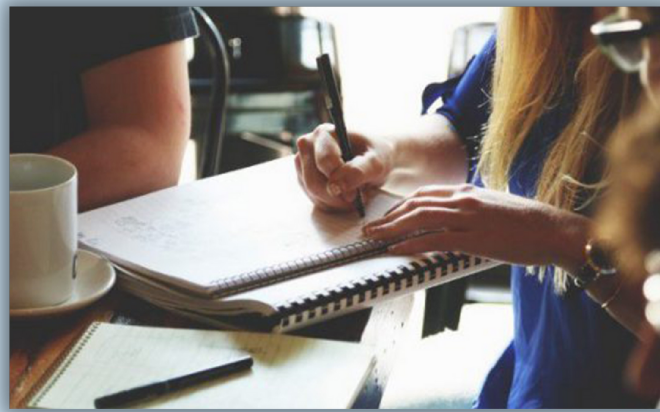
BHLACs are one element of the public mental health care system that emphasizes community participation by those who have experienced a mental health challenge. With these voices, mental health services can be tailored to better fit the needs of the community they serve.

What does a BHLAC mean for my community?

Those living with mental illness and/ or substance use disorders can ensure their voices, and ideas can make a difference in how services are planned and provided.

Who can participate?

All those concerned and interested in how people living with mental illnesses and substance use disorders are treated and helped in Lewis and Clark County.



What does the Lewis and Clark County BHLAC do?

- Identify gaps in services
- Recommend additions to services within the community
- Analyze and discuss challenges with service providers, advocacy groups, public officials, and the general public
- Facilitate accurate and timely communication between the local community and governing entities
- Assess local mental health services and empower them to become more effective and trauma-informed through evidence-based practices
- Organize and coordinate needed services in the community
- Educate the local community about mental illness, substance use, and available services

DID YOU KNOW?

To ensure a well-informed membership, 50 percent of the BHLAC must include people with lived experience (mental health or substance use disorders) and/or family members of someone living with one or more of these challenges.

If you, or someone you know, has been impacted by depression, anxiety, bipolar disorder, schizophrenia, addiction, or other behavioral health challenges, **your BHLAC needs your voice, ideas, and skills.**

ABOUT US

Our Meetings

The BHLAC meets on the first Tuesday monthly at 11:30 a.m. The meetings are public and all are welcome! Learn more at <https://bit.ly/BHLACMeetings>

Our Members

- People living with mental illness
- Family of those with a mental illness
- Local providers such as:
 - Center for Mental Health
 - Helena Police Department
 - Helena Public Schools
 - Instar
 - Intermountain
 - PureView
 - National Alliance for Mental Illness
 - St. Peter's Health