# **Our Place Monthly Report**

## Month Reported: March, 2025

## **Staffing**

Full-Time Coordinator/Manager (name): Mikayla Kapphan CBHPSS

CPSS 1 (FTE, and CPSS status):

CPSS- 2 (PT, and CPSS status): Angel Small PSS filed for License

CPSS 3-(PT, and CPSS status): Amy Kriedeman PSS completed PS101 and passed.

Facility Staff- : Looking to hire

Volunteer25 Hour week Connie O'Conner Saturdays, Alan St Germaine comes in when he can, Jeanie Deshon Mondays

Narrative

### **Services Provided**

| Service Provided          | Date | Number Served       | Local Area Provider                    |
|---------------------------|------|---------------------|--|
| Substance misuse recovery | 3/25 | 3/20,3/12,3/19,3/26 | Linda Kinsey Leo Pocha-Wellbriety      |
| management                |      | 144                 | Mikayla Kapphan PSS, Angel Small       |
|                           |      |                     | PSS, Amy Kriedeman PSS                 |
|                           |      |                     | Rewired work book, Recovery by the     |
|                           |      |                     | Week                                   |
| Behavioral health         | 3/25 | Held most           | Engagement Group Held 9:30 A.M -       |
| management/Engagement     |      | everyday            | 10:30 A.M. Clients engage in a         |
|                           |      | 87                  | recovery-based group setting and       |
|                           |      |                     | discuss individual struggles and       |
|                           |      |                     | successes in recovery and everyday     |
|                           |      |                     | life. Input is offered by peers and    |
|                           |      |                     | peer supporters. We have               |
|                           |      |                     | incorporated using recovery/           |
|                           |      |                     | empowering question cards to strike    |
|                           |      |                     | conversations and bring up topics in   |
|                           |      |                     | groups.                                |
| Gender specific recovery  | 3/25 |                     | The groups we have are set to          |
| support                   |      |                     | accommodate all genders for            |
|                           |      |                     | recovery and overall wellness. We      |
|                           |      |                     | do not have a gender specific group    |
|                           |      |                     | at this time b/c there are so few that |
|                           |      |                     | identify with gender issues. Those     |
|                           |      |                     | that do join,1-2 and not on a daily    |
|                           |      |                     | basis, are very involved in the        |
|                           |      |                     | groups and this is often a topic       |
|                           |      |                     | during the groups for all. The         |

|                                 |      |                     | groups at OP are very accepting of          |
|---------------------------------|------|---------------------|---|
|                                 |      |                     | lifestyle choices. All are supportive       |
|                                 |      |                     | as OP is a judgment free zone. It is        |
|                                 |      |                     | often sharedwe meet people                  |
|                                 |      |                     | where they are at in their lives.           |
| Group gatherings                | 3/25 | 258                 | We facilitate two Peer run groups           |
|                                 |      |                     | Monday- Saturday. The morning               |
|                                 |      |                     | group is always Engagement or               |
|                                 |      |                     | talking point cards. The Talking            |
|                                 |      |                     | point cards help open up discussion         |
|                                 |      |                     | and are recovery based.                     |
|                                 |      |                     | (empowering questions,                      |
|                                 |      |                     | Overcoming addictions, and coping           |
|                                 |      |                     | skill based). Afternoon groups              |
|                                 |      |                     | consist of Rewired work book, NA,           |
|                                 |      |                     | Wellbriety, and Recovery by the             |
|                                 |      |                     | Week, Recovery Through                      |
|                                 |      |                     | Hollywood.                                  |
| Action Plan Development for     | 3/25 | 0                   | Angel Is WRAP Certified. Angel has          |
| Wellness Recovery               |      |                     | offered 1:1 WRAP but no one has             |
|                                 |      |                     | wanted to do it as of yet.                  |
|                                 |      |                     | We are also looking to order new            |
|                                 |      |                     | material for groups to change it            |
|                                 |      |                     | up a bit as well as all my staff will       |
|                                 |      |                     | be WRAP certified in May.                   |
| Wellness Education in           | 3/25 | 3/12,3/19,3/20,3/26 | Linda Kinsey- Wellbriety- Linda             |
| Collaboration with identified   |      | 144                 | comes here on Wednesdays.                   |
| area providers                  |      |                     | Boyd Started the First group on             |
|                                 |      |                     | March 20 <sup>th</sup> and will continue to |
|                                 |      |                     | come on Thursdays.                          |
| Recreational therapeutic        | 3/25 | 3/28                | We did our first clean up with HPD          |
| activities                      | 5/25 | 12                  | at the Tunnels on March 28 <sup>th</sup> .  |
|                                 |      | 12                  | We received some Grant money                |
|                                 |      |                     | from NAMI for some new                      |
|                                 |      |                     | activity stuff we will be receiving         |
|                                 |      |                     |   |
|                                 |      |                     | a Foose ball table, ping pong               |
|                                 |      |                     | table, basketball hoop, corn hole,          |
|                                 |      |                     | ladder ball, along with many                |
|                                 | - /  |                     | games and things.                           |
| On-site meals and to-go food    | 3/25 | 100                 | Helena Food Share 100 emergency             |
| bags                            |      |                     | food bags, our volunteer brings in          |
|                                 |      |                     | meals occasionally, as well as Crock        |
|                                 |      |                     | Pot ministries 2x this month.               |
| Application assistance for SNAP | 3/25 | 2                   | We helped two people with their             |
| and Medicaid                    |      |                     | SNAP and Medicaid                           |

| Identification access assistance<br>including birth certificates,<br>State ID, VA, and SSI/SSDI                  | 3/25 | 2                    | We did 2 forms of identification<br>this month   |
|--|------|----------------------|--|
| Coordination of transportation<br>for behavioral health and<br>medical services                                  | 3/25 |                      | We work with GSM street<br>outreach to help coordinate<br>getting people to appointments if<br>needed. We do this multiple times<br>a week.  |
| Volunteer opportunities at the<br>Drop-In Center, other Good<br>Samaritan locations, and other<br>area providers | 3/25 |                      | We have 3 Volunteers. 1 works with<br>us every Saturday, 1 works with us<br>on Mondays and the other comes in<br>when he can. We have peers<br>volunteer daily to sweep take<br>garbage out and we have one peer<br>the spends most her day running<br>and organizing out donation closet. |
| Native American culture and<br>practices study group   | 3/25 | 3/12,3/19,3/26<br>30 | Wellbriety with Linda Kinsey on Wednesdays.  |

Narrative (please describe any additional s<mark>ervices provided, the date provided, number served, and the name or names of local area providers involved, if any):</mark>

We had our first clean up of 2025 up at the tunnels by the Library on the 28<sup>th</sup>.

We had 3 peers housed this month and 2 sent to treatment one completed treatment and the other left early.

We have gotten our Safe storage set up and ready to use at the beginning of April. We also have gotten Foose ball, ping pong, some new items for our pool table, puzzle board, life size connect 4, Jenga, ladder toss, corn hole and a basketball hoop for our peers to use here at our new facility. We are working on new educational materials ordered and some additional seating for our building.

We have an opening for Facility staff for 40 hours a week and will be having a part-time Peer support position open Angel has taken a job with Hope Center Ministries as the Ronan Admissions Coordinator and will start that job in June. We will be very sad not to have her here with us.

We have continued to stay busy and got busier in the past few weeks.

We added Boyd Andrews here on Thursdays for a group. We have spoken with a lady about an art group here as well. I am going to try to set up a once-a-month testimony days. Where I have people that have been through treatment, prison, etc. and come out on the other side to come speak.

## Our Place Drop-In Center Advisory Board

Date of monthly Peer and Client Advisory Meeting: Thursday March 27<sup>th</sup> 2025

Number of Peers and Clients in attendance: 15

Number of Peers and Clients for which transportation was coordinated for Advisory Board attendance, if needed: 0

Narrative (please describe meeting or attach meeting agenda and minutes)

Advisory Board Members:

Mikayla Kapphan- Program Coordinator

Jillian DeAmicis- will be joining the advisory board

Amy Kriedemen- PSS

Meeting narrative:

We started the meeting with a few OP updates.

Lockers are getting set up and we went over the agreement that the peers would be signing if using a locker. We have cameras on the lockers so they will be under surveillance at all times.

We spoke about all the new items that we have gotten games and things. There is a game storage locker that we have where all our games are locked up and if they would like to play a game they can get them out of there and put it back when they are done.

Our Van had to get a new transmission so it will be out for 3 days.

We talked about our first clean up of the year. We are going to go to the tunnel up by the library and clean that up with HPD and Parks and Recreation. If you have fines in city court we can write your name down and Mikayla will email it to the judge and they will take off some \$ for cleaning up.

Mikayla asked if there was any games anyone would like to see or have here. The peers mentioned BINGO which I got and will be setting up a bingo day. They asked if we could get gift cards for the winners.

Queen city wheel house is a non profit bike shop they will give free bikes to anyone who is in need of one... The address is 1015 Poplar street.

We spoke about what is expected during group time. We ask that if you are joining group use the bathroom get coffee and smoke a cigarette before group starts so you can participate in the whole group without any distractions. Since it is getting warm out we are going to be locking the doors for group again so we have less distractions during group. Group is not a requirement but we ask if you are joining to follow all the group rules.

Fridays we will be starting Celebrate Recovery group for those who would like to join.

A peer asked if we could do a Shower Trailer here once a week. We are going to look into it and see what that would involve.

YMCA would they allow peers to go in and use showers?

A peer said they would make a sand box here for the animals to use as a potty.

Jillian brought up getting a dog receptacle spot here.

A peer brought up getting Gym Equipment here.

Rad spoke about how he is trying to get a toilet up at his camp and when he does he will open up his camp again.

April 1<sup>st</sup> Gods love is not allowing people to sleep on the floors anymore.

## Participant Information

Number of participants served (#): March 258 attended groups. All that signed in was 309. We are working on repeat visits and one time only peers.

Referral Sources (where were they referred?):

- Many Rivers Pure View Health
- VA Health care
- Hud/ Vash, Helena Housing
- Charles Goodman Peer Support Specialist VA
- St. Peters Health
- Helena Indian Alliance
- Friendship Center
- Y.W.C.A.
- RCM
- God's Love
- St. Peters E.R and BHU, Helena P.D,
- Missoula Health and Rehabilitation
- Mt counseling services

Military Status (# Active and # Former): 2

Criminal Justice system involvement (# Pretrial): 25 known

Co-occurring disorder status (#): 30 self identified

Crisis interventions and outcomes (short narratives): No calls this month.

Number of Community partner education hours: 4

Outcomes from Satisfaction surveys: Not completed yet.

#### Hours of Operation: Monday - Friday 8:30 A.M - 3:00 P.M and Saturday 9:00 A.M-2:00 P.M