# **Our Place Monthly Report**

Month Reported: November, 2024

## **Staffing**

Full-Time Coordinator/Manager (name): Mikayla Kapphan CBHPSS

CPSS 1 (FTE, and CPSS status):

CPSS- 2 (PT, and CPSS status): Angel Small

CPSS 3-(PT, and CPSS status): Amy Kreidman

Volunteer25 Hour week- Connie O'Conner

## **Services Provided**

Service Provided	Date	Number Served	Local Area Provider
Substance misuse recovery management	11/24	210	Linda Kinsey - Leo Pocha Clinic - Wellbriety  Mikayla- NA  Mikayla Kapphan CBHPSS, Angel Small PSS, Amy Kreidman PSS  Rewired work book, Recovery through Hollywood, Recovery by the Week
Behavioral health management/Engagement	11/24	188	Engagement Group Held 9:30 A.M - 10:30 A.M. Clients engage in a recovery-based group setting and discuss individual struggles and successes in recovery and everyday life. Input is offered by peers and peer supporters. We have incorporated using recovery/ empowering question cards to strike conversations and bring up topics in groups.

Gender specific recovery support	11/24	0	The groups we have are set to accommodate all genders for recovery and overall wellness. We do not have a gender specific group at this time b/c there are so few that identify with gender issues. Those that do join,1-2 and not on a daily basis, are very involved in the groups and this is often a topic during the groups for all. The groups at OP are very accepting of lifestyle choices. All are supportive as OP is a judgment free zone. It is often sharedwe meet people where they are at in their lives.
Group gatherings	11/24	417	We facilitate two Peer run groups Monday- Saturday. The morning group is always Engagement or talking point cards. The Talking point cards help open up discussion and are recovery based. (empowering questions, Overcoming addictions, and coping skill based). Afternoon groups consist of Rewired work book, NA, Wellbriety, and Recovery by the Week, Recovery Through Hollywood.
Action Plan Development for Wellness Recovery	11/24	0	Angel Small Completed WRAP 2 and Mikayla Completed WRAP 1 and is waiting for a WRAP 2 that she will be able to attend.
Wellness Education in Collaboration with identified area providers	11/24	25	Linda Kinsey from the Leo Pocha Clinic is doing Wellbriety here on Wednesdays from 1pm - 2pm  Mikayla runs NA here on Tuesdays. We have also had a few people from NA that come one Tuesdays when they can to facilitate a group Looking for more volunteers to do NA  We are struggling to find Volunteers to stick around to do AA.

Recreational therapeutic activities	11/24	0	The pool table is open every afternoon from 2:00-3:30.  With the cold weather we have not done any recreational activities.
On-site meals and to-go food bags	11/24	100	Helena Food Share 100 emergency food bags, our volunteer brings in meals occasionally, as well as Crock Pot ministries 2x this month.  We have also taken clients to food share to basket shop one or two times a week.  We have crock pot ministries that bring meals to us 2x a week.  John from the church brings oranges and coffee to us.
Application assistance for SNAP and Medicaid	11/24	1	We only had one new peer that needed application for food stamps and we assisted them with that application.
Identification access assistance including birth certificates, State ID, VA, and SSI/SSDI	11/24	4	We assisted 4 people with getting new ID and or Birth Certificates.

Coordination of transportation for behavioral health and medical services	11/24	0	Van is here and mobile. We have all staff members approved to drive the Van. Mikayla and Angel have taken the First Aid and CPR class that we needed to be able to drive the van.
Volunteer opportunities at the Drop-In Center, other Good Samaritan locations, and other area providers	11/24	1	We Have one volunteer that works when he is avaible.
Native American culture and practices study group	11/24	25	Linda Kinsey from Leo Pocha Clinic has stepped in to facilitate Wellbriety here for our peers.

Narrative (please describe any additional services provided, the date provided, number served, and the name or names of local area providers involved, if any):

This month it got colder and we could definitely tell by the amount of peers we had In the building.

We are still planning our move we have to be out of this building by Jan 1st.

We had a donation of 30 sleeping bags from Plymouth church. We are giving everyone 1 to start and after we know that most have gotten them we can give out more. Due to the fact that they get lost or stolen on occasion.

We were able to create and HMIS section for Our Place so that we can make Client notes and keep important documents the peers need. We are super excited about this!

#### Our Place Drop-In Center Advisory Board

Date of monthly Peer and Client Advisory Meeting: November 26th 2024

Number of Peers and Clients in attendance:19

Number of Peers and Clients for which transportation was coordinated for Advisory Board attendance, if needed: 0

Narrative

Advisory Board Members:

Mikayla Kapphan Advisory Board member

Amy Kreideman Advisory Board member

John Mundineser

**Brian Copeland** 

Meeting Narrative:

The start of the meeting we went over last months minutes.

Mikayla spoke about the HMIS update and what the HMIS system is. We talked about how we will be putting people in HMIS like we normally do but that we now have a Our Place account where we can leave client notes so that staff can know what we have worked on and what we still need to work on. We can scan the important documents that we need on to the computer and into the HMIS system so we have all that available. We will be having people sign ROI and doing MAP assessment with those that need to still have that done.

We spoke about how we are still struggling to find a new building temporarily until our other building is ready. We spoke about the struggles we have with all of that. We talked about needing help packing and moving things.

We spoke about the Thanksgiving hours of OP and the places like Gods love and Salvation Army that would be serving Thanksgiving dinner.

We are still working on the hours for Christmas and will update peers when we get a little closer and know what staffing will look like.

Vans Thriftway donated us 10 pies for Thanksgiving Pie social that we are having here. We will be sending a card around to have everyone sign saying Thank You for all they have done for us. They also donated a \$75 gift card for our Halloween event.

We went over OP Rules and Guidelines. See if anyone had any questions or wanted clarification on anything. We have had a bit of a rough month with lots of new people and we just want people to know what the expectations are of coming to OP.

We DO NOT allow any drugs or alcohol on the property near or around the building. This has been happening a lot lately and we just want to clarify that this is a peer run recovery drop in center. We expect anyone that come here to follow these rules.

No weapons on the property. We want everyone here to be safe and feel safe.

Staff spoke about being kind and patient with the staff and peers. We have a lot of people in here everyday and there is usually only 2 of us in here, we try to get everyone everything they need but we are only 2 people.

A peer brought up that our Narcan that came in the bigger boxes do not work well in the machine they get stuck. He reccomeded removing those ones. We spoke about our new Wellness kiosk that will be coming soon and that we will have that machine instead and it will have all sorts of things we can use including Narcan.

Open the floor to questions comments or concerns.

A peer asked about the December advisory meeting. We will keep people updated with all that information when we know.

A peer asked about how we will move. We will be hiring a moving company and also if anyone wanted to volunteer to help we will take all the help we can get.

A peer had some ideas of a new building for us and said he would check into it. Mikayla explained what we need the building to include so that we meet the expectations we are required to have.

We talked about the Leadership council Survey that is going around and that if you fill out the survey you get entered to win a \$50 giftcard. If any one has not filled one out and would like to I have paper copies available or you can scan the QR code on the flyer.

A peer spoke about how Staff has really whipped this place into shape. Setting expectations for every one here and doing as much as they can to help and it is appreciated.

#### **Participant Information**

Number of participants served (#): October 417 attended groups. All that signed in was 505.

Referral Sources (where were they referred?):

- Many Rivers Pure View Health
- VA Health care
- Hud/ Vash, Helena Housing
- Charles Goodman Peer Support Specialist VA
- St. Peters Health
- Helena Indian Alliance
- Friendship Center
- Y.W.C.A.
- God's Love
- St. Peters E.R and BHU, Helena P.D,
- MT Counseling Services
- Recovery Centers of MT
- Family Promise

Military Status (# Active and # Former): 4

Criminal Justice system involvement (# Pretrial): 26 known

Co-occurring disorder status (#): 35 self identified

Crisis interventions and outcomes (short narratives):

6 peers formerly trespassed.

Number of Community partner education hours: 8

Outcomes from Satisfaction surveys: Not completed yet.

Hours of Operation: Monday - Friday 8:30 A.M - 3:30 P.M and Saturday 9:00 A.M-2:00 P.M