You Have the Power to COVID-19

• Wash hands often with soap and water, or use hand sanitizer
• Avoid close contact with people who are sick
• Avoid touching your eyes, nose, and mouth
• Stay home when you’re sick
• Cover your coughs and sneezes with a tissue, and then throw the tissue in the trash
• Frequently clean and disinfect surfaces and objects

Sound simple? It is! And it really works!