You Have the Power to STOP COVID-19

- Wash hands often with soap and water, or use hand sanitizer
- Avoid close contact with people who are sick
- Avoid touching your eyes, nose, and mouth
- Stay home when you're sick
- Cover your coughs and sneezes with a tissue, and then throw the tissue in the trash
- Frequently clean and disinfect surfaces and objects

Sound simple? It is! And it really works!

Created March 14, 2020

For more information, call LCPH at 457-8900
or email publichealth@lccountymt.gov

Lewis & Clark Public Health