For immediate release
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Lewis and Clark Public Health to Offer WIC in Townsend

Lewis and Clark Public Health (LCPH) will offer WIC nutrition services for eligible women and children in Broadwater County beginning Aug. 5.

Staff from the Helena WIC office will be in Townsend on the first Monday of each month, except holidays. To schedule an appointment, call LCPH at 457-8912 and ask to make an appointment at the Townsend clinic. Services will be provided at the Broadwater Health Center, 110 N. Oak St.

WIC provides supplemental foods, health-care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age 5. More information about the program, including eligibility guidelines, is available online at www.lccountymt.gov/health/wic-nutrition-program.

WIC participants use an electronic benefit card similar to a credit card to buy specific foods each month that are designed to supplement their diets with specific nutrients. Food packages are tailored to the needs of the participants.