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Go to www.montana4h.org for application information



States' 4-H International Exchange Programs 2021 Argentina (NEW 2021)

Argentina is a country in South America known for its magnificent landscapes that vary across regions from ranch land to the mountains in Patagonia. Cordoba is a city in central Argentina, northwest of Buenos Aires.

Dates: June 24 - July 15, 2021 (*winter in Argentina*)

Cost: \$1,895 + airfare

Delegates on the Argentina exchange will stay in group accommodations in Cordoba for the duration of program and participate in variety of structured group activities, led by our partner organization staff:

- Spanish language instruction and activities
- Sightseeing and cultural excursions
- Participation in local 4-H activities, with particular emphasis on soccer and orchestra
- Multi-day 4-H camp near Cordoba



Costa Rica

Costa Rica is a small country in Central America. It is bordered by both the Pacific Ocean and Caribbean Sea. The country is rich in culture and has a vast array of biodiversity. Costa Rica is well-known for its warm people, natural beauty, and ecotourism. As a delegate you will be living with a Costa Rican family and have the opportunity to experience the Tico lifestyle.

Program Details

Dates: June-July

In-Country Partner: Consejo Nacional de Clubes 4-S (CONAC 4-S)

Ages: 15 - 18 years old

Delegates arrive to San Jose or Liberia Costa Rica and participate in an arrival orientation which includes sightseeing and cultural excursions. After the 1-2 day orientation, delegates stay with local families where they immerse themselves in the Costa Rican culture and their host family's daily life. Delegates will attend a 4-S camp and participate in a variety of 4-S club-related activities. The program concludes with a departure debriefing presented by CONAC 4-S.

Program Fees Include: An overnight National Departure Orientation in a U.S. gateway city, arrival orientation with sightseeing and cultural excursions in Costa Rica, a two-night trip to Arenal National Park, in-Costa Rica expenses (lodging, meals, and most transportation), orientation materials and States' 4-H t-shirts, accident & sickness insurance, and a portion of adult chaperone expenses.



Finland

Finland is one of the northernmost countries in the world. The country is full of lakes and islands and lies in the boreal zone, having long, freezing winters and short, mild summers. Finland has a culture built on its aesthetic environmental realities, deep traditions, and indigenous heritage. As a delegate you will be living with a Finnish family and get to experience first-hand what it is like to live in this unique part of the world. States' 4-H partners with [Suomen 4-H](#) for this exchange program.

Dates: June-July

In-Country Partner: Finnish 4-H Federation

Ages: 15 - 18 years old

Delegates arrive in Helsinki for an arrival orientation, which includes an introduction to Finnish culture and language as well as some sightseeing opportunities. After the orientation, delegates stay with a Finnish family where they immerse themselves in Finnish culture and their host family's daily life. The program concludes with an excursion trip to Tallinn, Estonia and a departure debriefing in Helsinki.

Program Fees Include: An overnight National Departure Orientation in a U.S. gateway city, arrival orientation in Helsinki, sightseeing and cultural excursions in Helsinki and Tallinn, in-Finland expenses (meals, lodging, and ground transportation), orientation materials and States' 4-H t-shirts, accident & sickness insurance, and a portion of adult chaperone program expenses.



Japan

Japan is an island nation in East Asia. It has long coastlines with varied scenery, large mountains, and twisted valleys that are inviting to explore. Japan is well-known for being one of the world's leading nations in the areas of technology, innovation, architecture, and popular culture. As a delegate you will be living with a Japanese family and have the chance to experience Japan's rich and varied culture. States' 4-H partners with Japanese youth development organizations, [Labo](#) and [LEX/Hippo Family Club](#).

Dates: 8-Week, June-August; 4-Week July-August

In Country Partners: Labo, LEX

Ages: 14 - 18 years old

8-Week Program: Delegates arrive in Japan and receive an arrival orientation in Tokyo. For the first 4 weeks delegates attend a Japanese language program and stay with a family in the Tokyo area. After the first four weeks, delegates move to a second host family for the regular 4-week homestay program (details below).

4-Week Program: Delegates arrive in Japan and receive an arrival orientation in Tokyo. Delegates stay with a Japanese host family where they immerse themselves in the Japanese culture and their host family's daily life. During the homestay Labo delegates attend camp and LEX delegates go on cultural excursions. The program concludes with a departure debriefing in the Tokyo area.

Program Fees Include: An overnight national departure orientation in a U.S. gateway city, arrival orientation, in-Japan expenses (lodging, meals, and transportation), camp or cultural excursion fees, orientation materials and States' 4-H t-shirts, accident & sickness insurance, and a portion of adult chaperone expenses.

Nihongo Program Fees Include: All of the above program fees and an additional 4-week Japan language program with accompanying cultural excursions.



Romania

Located at the crossroads of Central and Southeastern Europe, Romania boasts breathtaking mountain-ranges, medieval castles, and picturesque villages dotted amidst the forested landscape. Delegates will live with host families near the city of Cluj and discover first-hand the vibrant mix of culture, history, and lifestyles that Romania has to offer.

Dates: June-July

In Country Partner: Romania 4-H

Ages: 15 - 18 years old

Delegates arrive in Cluj for an overnight arrival orientation led by Romania 4-H, which includes an introduction to Romanian culture, basic language phrases and sightseeing. Afterwards, delegates meet their host family and begin a homestay experience, where they will immerse themselves in the everyday life and culture of their Romanian host family. During the trip, delegates travel together on a four-day expedition to the Black Sea. The program concludes with a departure debriefing in Cluj.

Program Fees Include: An overnight National Departure Orientation in a U.S. gateway city, arrival orientation with sightseeing and cultural excursions in Cluj, in-Romania expenses (lodging, meals, and most transportation), four-day trip to the Black Sea, orientation materials and States' 4-H t-shirts, accident & sickness insurance, and a portion of adult chaperone expenses.



South Korea

South Korea is a country in East Asia. It is a peninsula with the East Sea on one side and the Yellow Sea on the other. Within the last 30 years South Korea has grown into one of the world's largest economies and a leader in technological innovation. Due to this rapid economic and social development, South Korea is a unique blend of traditional and modern cultural elements. As a delegate you live with a South Korean family and get to experience first-hand this distinctive culture. In South Korea, States' 4-H partners with [Korea 4-H](#).

Dates: July-August

In-Country Partner: Korea 4-H

Ages: 14 - 18 years old

Upon arrival to South Korea, delegates participate in an arrival orientation led by Korea 4-H, which includes an introduction to Korean culture and instruction in basic language phrases. Delegates stay with a Korean 4-H family, where they immerse themselves into the culture of Korea and their host family's daily life. Delegates attend 4-H International Camp where they will meet other foreign delegates and participate in cultural exchange activities. The program concludes with a departure debriefing at the Korea 4-H Center and sightseeing opportunities in Seoul.

Program Fees Include: An overnight National Departure Orientation in a U.S. gateway city, arrival orientation, sightseeing and cultural excursions in Seoul, in-Korea expenses (transportation, lodging, and meals), 4-H International Camp fees, orientation materials and States' 4-H t-shirts, accident & sickness insurance, and a portion of the adult chaperone program expenses.



Taiwan

Taiwan is a small island nation located in the Pacific Ocean just off the coast of mainland China. With its thriving metropolises and rich history, Taiwan is a fascinating blend of traditional and modern culture. Despite its small size, a population of 23 million people makes Taiwan more populous than 3/4 of the world's countries. As a delegate, you will be living with a Taiwanese host family and have an opportunity to immerse yourself in Taiwanese culture.

Dates: June-July 28

In Country Partner: Taiwan 4-H

Ages: 14 - 18 years old

Delegates arrive in Taiwan and participate in an arrival orientation in Taipei, which includes sightseeing and cultural excursions. Delegates stay with a Taiwanese family where they immerse themselves in Taiwanese culture and their host family's daily life. During the homestay, delegates attend a 4-H camp and participate in a variety of 4-H club-related activities. The program concludes with a departure debriefing before return travel to the United States.

Program Fees Include: An overnight National Departure Orientation in a U.S. gateway city, arrival orientation with sightseeing and cultural excursions in Taiwan, in-Taiwan expenses (lodging, meals, and most transportation), orientation materials and States' 4-H t-shirts, accident & sickness insurance, and a portion of adult chaperone expenses.



Montana 4-H Center 2021 Outbound Programs New Zealand

New Zealand is a small country on the Australian Continent boasting dramatic mountain and ocean views. Christchurch in Canterbury is a major city on the South Island which is home to the “Southern Alps.” The North Island is known for its indigenous Maori culture.

Dates: July (23 days - New Zealand’s winter)

In-country partner: New Zealand Young Farmers (NZYF)

Delegates fly to Auckland and then to the NZYF Grand Final location which moves every year. Group attends and participates in the Grand Final event before delegates go to their first family for about seven days. The U.S. group gathers in a central location on the North or South Island for a few days of sightseeing and then delegates go on to their second host family (seven days). Host families are on the North and South Islands, but which island hosts first is to be determined by the location of the Grand Final.

Program Fees Include: An overnight National Departure Orientation in a U.S. gateway city, in-country transportation, expenses related to Grand Final, sightseeing and cultural excursions on the North and South Islands of New Zealand, orientation materials, t-shirts, accident & sickness insurance, and a portion of adult chaperone expenses.



*Photo by Wolfgang Hasselmann, Unsplash

IPYA/IFYE

This program is for former 4-H members ages 18-30. It is for independent people who are interested in learning more about agriculture in primarily European countries. Stay with a series of families in one or two countries. Travel occurs from May, June, or July through approximately December. Reporting is required. The Montana 4-H Foundation funds more than 50 percent of the cost of participation